

Start lists

40m · Boys · U8 · Final

40m · Boys · U10 · Final

40m · Girls · U8 · Final

40m · Girls · U10 · Finals · Summary

40m · Girls · U10 · Final · Group A (of 2)

40m · Girls · U10 · Final · Group B (of 2)

200m · Boys · U12 · Finals · Summary

200m · Boys · U12 · Final · Group A (of 2)

200m · Boys · U12 · Final · Group B (of 2)

200m 12-15 **200m** · Men & Boys · Multiple · Final

200m 12-15 **200m** · Boys · Multiple, U14 · Final

200m 12-15 **200m** · Boys · Multiple, U16 · Final

200m 16-19 + menn **200m** · Men & Boys · Multiple · Finals · Summary

200m 16-19 + menn **200m** · Men & Boys · Multiple · Final · Group A (of 2)

200m 16-19 + menn **200m** · Men & Boys · Multiple · Final · Group B (of 2)

200m 16-19 + menn **200m** · Boys · Multiple, U18 · Final

200m 16-19 + menn **200m** · Men · Multiple, U20 · Final

200m 16-19 + menn **200m** · Men · Multiple, Senior · Final

Start lists

200m · Girls · U12 · Finals · Summary

200m · Girls · U12 · Final · Group A (of 2)

200m · Girls · U12 · Final · Group B (of 2)

200m · Girls · U14 · Final

200m · Girls · U16 · Final

200m 200m · Women & Girls · Multiple · Final

200m 200m · Girls · Multiple, U18 · Final

200m 200m · Women · Multiple, U20 · Final

200m 200m · Women · Multiple, Senior · Final

400m · Boys · U10 · Final

400m · Boys · U12 · Final

400m · Girls · U10 · Final

400m · Girls · U12 · Final

800m 800m · Men & Boys · Multiple · Final

800m 800m · Boys · Multiple, U14 · Final

800m 800m · Boys · Multiple, U16 · Final

800m 800m · Boys · Multiple, U18 · Final

800m · Girls · U14 · Final

Start lists

800m **800m** · Women · Senior · Final

5000m (**Mixed Adults & Youth**) · Men & Boys · Multiple · Final

5000m (**Mixed**) · Men · Multiple, Senior · Final

5000m (**Mixed Adults & Youth**) · Women & Girls · Multiple · Final

5000m (**Mixed**) · Women · Multiple, Senior · Final

5000m · Mixed Adults & Youth · Multiple · Final

High Jump · Boys · U14 · Final

High Jump · Girls · U14 · Final

Long Jump · Men & Boys · Multiple · Final

Long Jump · Boys · Multiple, U18 · Final

Long Jump · Men · Multiple, U20 · Final

Long Jump · Men · Multiple, Senior · Final

Længdespring **Long Jump** · Women & Girls · Multiple · Final

Længdespring **Long Jump** · Girls · Multiple, U16 · Final

Længdespring **Long Jump** · Girls · Multiple, U18 · Final

Længdespring **Long Jump** · Women · Multiple, U20 · Final

Længdespring **Long Jump** · Women · Multiple, Senior · Final

Long Jump (Zone) · Boys · U10 · Final

Start lists

Long Jump (Zone) · Boys · U12 · Final

Long Jump (Zone) · Girls · U10 · Final

Long Jump (Zone) · Girls · U12 · Final

Shot Put (2kg) · Boys · U12 · Final

Shot Put (3kg) · Boys · U14 · Final

Shot Put (2kg) · Girls · U12 · Final

Shot Put (2kg) · Girls · U14 · Final

Javelin Throw · Men & Boys · Multiple · Final

Javelin Throw (600g) · Boys · Multiple, U16 · Final

Javelin Throw (800g) · Men · Multiple, U20 · Final

Javelin Throw (800g) · Men · Multiple, Senior · Final

Javelin Throw · Women & Girls · Multiple · Final

Javelin Throw (500g) · Girls · Multiple, U16 · Final

Javelin Throw (500g) · Girls · Multiple, U18 · Final

Javelin Throw (600g) · Women · Multiple, U20 · Final

Javelin Throw (600g) · Women · Multiple, Senior · Final

Ball Throw (145g) · Boys · U10 · Final

Ball Throw (145g) · Girls · U10 · Final

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

40m · Boys · U8 · Final

29 May, 2021, 12:05

No.	Athlete	Lane	Club/School	Bib	Personal best	Season best
1	Harry Fríði Hansson 2015 · FAR	3	Bragdið			
2	Jósef Vinter Tummasarson 2015 · FAR	4	Onki felag			
3	Derek Rasmussen 2015 · FAR	5	Hvirlan			

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

40m · Boys · U10 · Final

29 May, 2021, 12:25

No.	Athlete	Lane	Club/School	Bib	Personal best	Season best
1	Magnus Akselsson Apol 2013 · FAR	2	Hvirlan			
2	Jákup Thomsen 2012 · FAR	3	Treysti			
3	Jóanis Heinason 2013 · FAR	4	Frælsi			
4	Bjarni Bogason Enni 2012 · FAR	5	Bragdið			

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

40m · Girls · U8 · Final

29 May, 2021, 12:00

No.	Athlete	Lane	Club/School	Bib	Personal best	Season best
1	Luna Maria Apol Berg 2016 · FAR	1	Hvirlan			
2	Jemima Hvannastein 2015 · FAR	2	Treysti			
3	Fia Heinadóttir 2016 · FAR	3	Frælsi			
4	Brynhild Heinadóttir 2015 · FAR	4	Frælsi			
5	Bjarta Thomsen 2016 · FAR	5	Treysti			
6	Saloma Hvannastein 2016 · FAR	6	Treysti			

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

40m · Girls · U10 · Finals · Summary

29 May, 2021, 12:15

No.	Athlete	Group	Lane	Club/School	Bib	Personal best	Season best
1	Jóna Björg Apol Berg 2013 · FAR	B	4	Hvirlan			
2	Ruth Jógvansdóttir Gardar 2012 · FAR	B	2	Frælsi			
3	Ró Apolonia Hansdóttir 2012 · FAR	A	2	Bragdið			
4	Amalia Høgnadóttir 2012 · FAR	A	5	Frælsi			
5	Brynja Lutzen 2012 · FAR	B	3	Hvirlan			
6	Emma Sigtórsdóttir Petersen 2012 · FAR	A	1	Frælsi			
7	Vera Lilja H. Róadóttir 2012 · FAR	B	5	Bragdið			
8	Emily Thomsen 2013 · FAR	A	3	Treysti			
9	Heiðrun Leo Vang 2013 · FAR	A	4	Bragdið			

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

40m · Girls · U10 · Final · Group A (of 2)

29 May, 2021, 12:15

No.	Athlete	Lane	Club/School	Bib	Personal best	Season best
1	Emma Sigtórsdóttir Petersen 2012 · FAR	1	Frælsi			
2	Ró Apolonia Hansdóttir 2012 · FAR	2	Bragdið			
3	Emily Thomsen 2013 · FAR	3	Treysti			
4	Heiðrun Leo Vang 2013 · FAR	4	Bragdið			
5	Amalia Høgnadóttir 2012 · FAR	5	Frælsi			

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

40m · Girls · U10 · Final · Group B (of 2)

29 May, 2021, 12:20

No.	Athlete	Lane	Club/School	Bib	Personal best	Season best
1	Ruth Jógvansdóttir Gardar 2012 · FAR	2	Frælsi			
2	Brynja Lutzen 2012 · FAR	3	Hvirlan			
3	Jóna Björg Apól Berg 2013 · FAR	4	Hvirlan			
4	Vera Lilja H. Róadóttir 2012 · FAR	5	Bragdið			

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

200m · Boys · U12 · Finals · Summary

29 May, 2021, 13:30

No.	Athlete	Group	Lane	Club/School	Bib	Personal best	Season best
1	Christian Dal Christiansen 2010 · FAR	A	1	Hvirlan			
2	Markus Eliassen 2011 · FAR	A	2	Bragdið			
3	Pætur Krosstein 2010 · FAR	A	6	Hvirlan			
4	Álvur F. Mortensen 2011 · FAR	B	4	Bragdið			
5	Domenik Rasmussen 2011 · FAR	A	3	Hvirlan			
6	Robert Róason Vilhelmsen 2011 · FAR	B	1	Bragdið			
7	Kristjan Rókkson 2011 · FAR	B	3	Bragdið			
8	Rói Thomassen 2010 · FAR	B	5	Hvirlan			
9	Bogi Samson Vang 2010 · FAR	B	2	Bragdið		38.06	
10	Óli Mortansson Vang 2010 · FAR	A	4	Bragdið			
11	Jóhan Waagstein 2010 · FAR	A	5	Hvirlan			

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

200m · Boys · U12 · Final · Group A (of 2)

29 May, 2021, 13:30

No.	Athlete	Lane	Club/School	Bib	Personal best	Season best
1	Christian Dal Christiansen 2010 · FAR	1	Hvirlan			
2	Markus Eliassen 2011 · FAR	2	Bragdið			
3	Domenik Rasmussen 2011 · FAR	3	Hvirlan			
4	Óli Mortansson Vang 2010 · FAR	4	Bragdið			
5	Jóhan Waagstein 2010 · FAR	5	Hvirlan			
6	Pætur Krosstein 2010 · FAR	6	Hvirlan			

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

200m · Boys · U12 · Final · Group B (of 2)

29 May, 2021, 13:35

No.	Athlete	Lane	Club/School	Bib	Personal best	Season best
1	Robert Róason Vilhelmsen 2011 · FAR	1	Bragdið			
2	Bogi Samson Vang 2010 · FAR	2	Bragdið		38.06	
3	Kristjan Róksson 2011 · FAR	3	Bragdið			
4	Álvur F. Mortensen 2011 · FAR	4	Bragdið			
5	Rói Thomassen 2010 · FAR	5	Hvirlan			

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

200m 12-15 200m · Men & Boys · Multiple · Final

29 May, 2021, 13:20

No.	Athlete	Age group	Lane	Club/School	Bib	Personal best	Season best
1	Baldur Báruson Persson 2009 · FAR	U14	1	Hvirlan			
2	Kelvin Saruni 2008 · FAR	U14	2	Bragdið			
3	Christian Sunnvardsson Andreasen 2007 · FAR	U16	3	Treysti			
4	Óðin Jógvansson Glerfoss 2008 · FAR	U14	4	Bragdið		27.87	27.87
5	Axel Holm Simonsen 2009 · FAR	U14	5	Bragdið			
6	Terji Dal Christiansen 2008 · FAR	U14	6	Hvirlan			

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

200m 12-15 200m · Boys · Multiple, U14 · Final

29 May, 2021, 13:20

No.	Athlete	Lane	Club/School	Bib	Personal best	Season best
1	Baldur Báruson Persson 2009 · FAR	1	Hvirlan			
2	Kelvin Saruni 2008 · FAR	2	Bragdið			
3	Óðin Jógvansson Glerfoss 2008 · FAR	4	Bragdið		27.87	27.87
4	Axel Holm Simonsen 2009 · FAR	5	Bragdið			
5	Terji Dal Christiansen 2008 · FAR	6	Hvirlan			

200m 12-15 200m · Boys · Multiple, U16 · Final

29 May, 2021, 13:20

No.	Athlete	Lane	Club/School	Bib	Personal best	Season best
1	Christian Sunnvardsson Andreasen 2007 · FAR	3	Treysti			

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

200m 16-19 + menn 200m · Men & Boys · Multiple · Finals · Summary

29 May, 2021, 13:10

No.	Athlete	Age group	Group	Lane	Club/School	Bib	Personal best	Season best
1	Andreas Bjarnastein Antoft 2002 · FAR	U20	A	5	Hvidovre AM		23.83	
2	Jónas Gunnleivsson Isaksen 2005 · FAR	U18	A	2	Bragdið		23.69	23.69
3	Leon Johannesen 2002 · FAR	U20	B	3	Bragdið		25.39	25.39
4	Markus Køtlum 2002 · FAR	U20	B	1	Bragdið			
5	Dánjal Dahl Ljósheim 2000 · FAR	Senior	A	3	Aarhus 1900		23.28	23.50
6	Sveinur Silvurstein 2002 · FAR	U20	B	2	Bragdið			
7	Tummas Sjóvará 2002 · FAR	U20	A	4	Bragdið		23.72	24.03
8	Júst í Túni 1986 · FAR	Senior	B	4	Treysti		29.14	

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

200m 16-19 + menn 200m · Men & Boys · Multiple · Final · Group A (of 2)

29 May, 2021, 13:10

No.	Athlete	Age group	Lane	Club/School	Bib	Personal best	Season best
1	Jónas Gunnleivsson Isaksen 2005 · FAR	U18	2	Bragdið		23.69	23.69
2	Dánjal Dahl Ljósheim 2000 · FAR	Senior	3	Aarhus 1900		23.28	23.50
3	Tummas Sjóvará 2002 · FAR	U20	4	Bragdið		23.72	24.03
4	Andreas Bjarnastein Antoft 2002 · FAR	U20	5	Hvidovre AM		23.83	

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

200m 16-19 + menn 200m · Men & Boys · Multiple · Final · Group B (of 2)

29 May, 2021, 13:15

No.	Athlete	Age group	Lane	Club/School	Bib	Personal best	Season best
1	Markus Køtlum 2002 · FAR	U20	1	Bragdið			
2	Sveinur Silvurstein 2002 · FAR	U20	2	Bragdið			
3	Leon Johannesen 2002 · FAR	U20	3	Bragdið		25.39	25.39
4	Júst í Túni 1986 · FAR	Senior	4	Treysti		29.14	

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

200m 16-19 + menn 200m · Boys · Multiple, U18 · Final

29 May, 2021, 13:10

No.	Athlete	Group	Lane	Club/School	Bib	Personal best	Season best
1	Jónas Gunnleivsson Isaksen 2005 · FAR	A	2	Bragdið		23.69	23.69

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

200m 16-19 + menn 200m · Men · Multiple, U20 · Final

29 May, 2021, 13:10

No.	Athlete	Group	Lane	Club/School	Bib	Personal best	Season best
1	Andreas Bjarnastein Antoft 2002 · FAR	A	5	Hvidovre AM		23.83	
2	Leon Johannesen 2002 · FAR	B	3	Bragdið		25.39	25.39
3	Markus Køtlum 2002 · FAR	B	1	Bragdið			
4	Sveinur Silvrstein 2002 · FAR	B	2	Bragdið			
5	Tummas Sjóvará 2002 · FAR	A	4	Bragdið		23.72	24.03

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

200m 16-19 + menn 200m · Men · Multiple, Senior · Final

29 May, 2021, 13:10

No.	Athlete	Group	Lane	Club/School	Bib	Personal best	Season best
1	Dánjal Dahl Ljósheim 2000 · FAR	A	3	Aarhus 1900		23.28	23.50
2	Júst í Túni 1986 · FAR	B	4	Treysti		29.14	

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

200m · Girls · U12 · Finals · Summary

29 May, 2021, 12:35

No.	Athlete	Group	Lane	Club/School	Bib	Personal best	Season best
1	Heiðrún Bogadóttir Enni 2010 · FAR	B	4	Bragdið			
2	Sigríð Hansdóttir 2010 · FAR	A	3	Bragdið			
3	Andrea Heinadóttir 2011 · FAR	A	4	Frælsi			
4	Debora Hvannastein 2011 · FAR	A	5	Treysti			
5	Guðrið Høgenni 2010 · FAR	A	1	Bragdið			
6	Guðrið Høgnadóttir 2010 · FAR	A	6	Frælsi			
7	Jennhild Lydersen 2010 · FAR	B	1	Treysti			
8	Sigga Smæra Næs 2010 · FAR	B	2	Bragdið			
9	Annika Ravnsfjall 2010 · FAR	B	6	Frælsi			
10	Sunneva Ravnsfjall 2010 · FAR	B	5	Frælsi			
11	Monika Sigurðsdóttir Vang 2011 · FAR	A	2	Bragdið			
12	Vera Alstrup Vang 2011 · FAR	B	3	Bragdið			

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

200m · Girls · U12 · Final · Group A (of 2)

29 May, 2021, 12:35

No.	Athlete	Lane	Club/School	Bib	Personal best	Season best
1	Guðrið Høgenni 2010 · FAR	1	Bragdið			
2	Monika Sigurðsdóttir Vang 2011 · FAR	2	Bragdið			
3	Sigríð Hansdóttir 2010 · FAR	3	Bragdið			
4	Andrea Heinadóttir 2011 · FAR	4	Frælsi			
5	Debora Hvannastein 2011 · FAR	5	Treysti			
6	Guðrið Høgnadóttir 2010 · FAR	6	Frælsi			

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

200m · Girls · U12 · Final · Group B (of 2)

29 May, 2021, 12:40

No.	Athlete	Lane	Club/School	Bib	Personal best	Season best
1	Jennhild Lydersen 2010 · FAR	1	Treysti			
2	Sigga Smæra Næs 2010 · FAR	2	Bragdið			
3	Vera Alstrup Vang 2011 · FAR	3	Bragdið			
4	Heiðrún Bogadóttir Enni 2010 · FAR	4	Bragdið			
5	Sunneva Ravnsfjall 2010 · FAR	5	Frælsi			
6	Annika Ravnsfjall 2010 · FAR	6	Frælsi			

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

200m · Girls · U14 · Final

29 May, 2021, 12:50

No.	Athlete	Lane	Club/School	Bib	Personal best	Season best
1	Natalia Lydersen 2008 · FAR	1	Treysti			
2	Katrin Strey moy Sahin-Skjalm 2008 · FAR	2	Bragdið			
3	Sólja Rye 2009 · FAR	3	Hvir lan			
4	Tabita Hvannastein 2008 · FAR	4	Treysti			
5	Elena E. Olsen 2008 · FAR	5	Hvir lan			
6	Sofía Højgaard 2008 · FAR	6	Bragdið			

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

200m · Girls · U16 · Final

29 May, 2021, 12:55

No.	Athlete	Lane	Club/School	Bib	Personal best	Season best
1	Lý Petersen 2007 · FAR	3	Treysti			
2	Jóhanna Pedersen 2006 · FAR	4	Hvirlan			

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

200m 200m · Women & Girls · Multiple · Final

29 May, 2021, 13:00

No.	Athlete	Age group	Lane	Club/School	Bib	Personal best	Season best
1	Arina Ludvig Michelsen 2005 · FAR	U18	1	Bragdið		29.15	
2	Bára Jógvansdóttir Glerfoss 2003 · FAR	U20	2	Bragdið		27.79	
3	Margit Weihe Friðmundsdóttir 1999 · FAR	Senior	3	Bragdið		26.40	
4	Maria Biskopstø 2002 · FAR	U20	4	Treysti		26.48	
5	Vibeka Eihilt Sivertsen 2005 · FAR	U18	5	Treysti		28.89	

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

200m 200m · Girls · Multiple, U18 · Final

29 May, 2021, 13:00

No.	Athlete	Lane	Club/School	Bib	Personal best	Season best
1	Arina Ludvig Michelsen 2005 · FAR	1	Bragdið		29.15	
2	Vibeka Eihilt Sivertsen 2005 · FAR	5	Treysti		28.89	

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

200m 200m · Women · Multiple, U20 · Final

29 May, 2021, 13:00

No.	Athlete	Lane	Club/School	Bib	Personal best	Season best
1	Bára Jógvansdóttir Glerfoss 2003 · FAR	2	Bragdið		27.79	
2	Maria Biskopstø 2002 · FAR	4	Treysti		26.48	

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

200m 200m · Women · Multiple, Senior · Final

29 May, 2021, 13:00

No.	Athlete	Lane	Club/School	Bib	Personal best	Season best
1	Margit Weihe Friðmundsdóttir 1999 · FAR	3	Bragdið		26.40	

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

400m · Boys · U10 · Final

29 May, 2021, 14:30

No.	Athlete	Lane	Club/School	Bib	Personal best	Season best
1	Magnus Akselsson Apol 2013 · FAR	1	Hvirlan			
2	Jákup Thomsen 2012 · FAR	2	Treysti		1:22.31	
3	Bjarni Bogason Enni 2012 · FAR	3	Bragdið		1:23.92	

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

400m · Boys · U12 · Final

29 May, 2021, 14:35

No.	Athlete	Lane	Club/School	Bib	Personal best	Season best
1	Robert Róason Vilhelmsen 2011 · FAR	1	Bragdið		1:39.99	
2	Christian Dal Christiansen 2010 · FAR	2	Hvirlan			
3	Markus Eliassen 2011 · FAR	3	Bragdið		1:35.43	
4	Domenik Rasmussen 2011 · FAR	4	Hvirlan			
5	Rói Thomassen 2010 · FAR	5	Hvirlan		1:32.73	1:32.73
6	Kristjan Róksson 2011 · FAR	6	Bragdið		1:19.40	1:20.52
7	Óli Mortansson Vang 2010 · FAR	7	Bragdið			
8	Jóhan Waagstein 2010 · FAR	8	Hvirlan			
9	Pætur Krosstein 2010 · FAR	9	Hvirlan			
10	Bogi Samson Vang 2010 · FAR	10	Bragdið			

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

400m · Girls · U10 · Final

29 May, 2021, 14:20

No.	Athlete	Lane	Club/School	Bib	Personal best	Season best
1	Vera Lilja H. Róadóttir 2012 · FAR	1	Bragdið			
2	Jóna Björg Apol Berg 2013 · FAR	2	Hvirlan			
3	Amalia Høgnadóttir 2012 · FAR	3	Frælsi			
4	Emily Thomsen 2013 · FAR	4	Treysti			
5	Ró Apolonia Hansdóttir 2012 · FAR	5	Bragdið			
6	Heiðrun Leo Vang 2013 · FAR	6	Bragdið			
7	Emma Sigtórsdóttir Petersen 2012 · FAR	7	Frælsi			
8	Ruth Jógvansdóttir Gardar 2012 · FAR	8	Frælsi			

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

400m · Girls · U12 · Final

29 May, 2021, 14:10

No.	Athlete	Lane	Club/School	Bib	Personal best	Season best
1	Durita Davidsen 2011 · FAR	1	Treysti		1:33.09	
2	Vera Alstrup Vang 2011 · FAR	2	Bragdið			
3	Sigríð Hansdóttir 2010 · FAR	3	Bragdið		1:12.07	
4	Debra Hvannastein 2011 · FAR	4	Treysti		1:24.09	
5	Heiðrún Bogadóttir Enni 2010 · FAR	5	Bragdið			
6	Sunneva Ravnsfjall 2010 · FAR	6	Frælsi			

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

800m 800m · Men & Boys · Multiple · Final

29 May, 2021, 13:55

No.	Athlete	Age group	Lane	Club/School	Bib	Personal best	Season best
1	Baldur Báruson Persson 2009 · FAR	U14	1	Hvirlan			
2	Terji Dal Christiansen 2008 · FAR	U14	2	Hvirlan			
3	Óðin Jógvansson Glerfoss 2008 · FAR	U14	3	Bragdið		2:58.40	
4	Jónas Gunnleivsson Isaksen 2005 · FAR	U18	4	Bragdið		2:02.38	
5	Axel Holm Simonsen 2009 · FAR	U14	5-1	Bragdið			
6	William E. S. Kruse 2009 · FAR	U14	5-2	Hvirlan			
7	Christian Sunnvardsson Andreassen 2007 · FAR	U16	6	Treysti		3:09.12	

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

800m 800m · Boys · Multiple, U14 · Final

29 May, 2021, 13:55

No.	Athlete	Lane	Club/School	Bib	Personal best	Season best
1	Baldur Báruson Persson 2009 · FAR	1	Hvirlan			
2	Terji Dal Christiansen 2008 · FAR	2	Hvirlan			
3	Óðin Jógvansson Glerfoss 2008 · FAR	3	Bragdið		2:58.40	
4	Axel Holm Simonsen 2009 · FAR	5-1	Bragdið			
5	William E. S. Kruse 2009 · FAR	5-2	Hvirlan			

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

800m 800m · Boys · Multiple, U16 · Final

29 May, 2021, 13:55

No.	Athlete	Lane	Club/School	Bib	Personal best	Season best
1	Christian Sunnvardsson Andreasen 2007 · FAR	6	Treysti		3:09.12	

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

800m 800m · Boys · Multiple, U18 · Final

29 May, 2021, 13:55

No.	Athlete	Lane	Club/School	Bib	Personal best	Season best
1	Jónas Gunnleivsson Isaksen 2005 · FAR	4	Bragdið		2:02.38	

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

800m · Girls · U14 · Final

29 May, 2021, 14:05

No.	Athlete	Lane	Club/School	Bib	Personal best	Season best
1	Heiða Jacobsen 2008 · FAR	3	Bragdið			
2	Tabita Hvannastein 2008 · FAR	4	Treysti		3:15.48	3:24.92
3	Elena E. Olsen 2008 · FAR	5	Hvirlan		2:57.73	

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

800m 800m · Women · Senior · Final

29 May, 2021, 14:50

No.	Athlete	Lane	Club/School	Bib	Personal best	Season best
1	Lý Petersen 2007 · FAR	1	Treysti		3:14.82	
2	Vibeka Eihilt Sivertsen 2005 · FAR	2	Treysti		2:27.83	2:33.43
3	Maria Biskopstø 2002 · FAR	3	Treysti		2:14.13	2:30.59
4	Rebekka Fuglø 1993 · FAR	4	Treysti		2:10.72	
5	Kristina Verlandsdóttir Hayfield 2005 · FAR	5	Hvirlan		2:43.08	2:43.08

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

5000m · Men & Boys · Multiple · Final

29 May, 2021, 11:00

No.	Athlete	Age group	Club/School	Bib	Personal best	Season best
1	Bjarki Johannesen 1992 · FAR	Senior	Roysnið			
2	Peter Jensen 1992 · DEN	Senior	Bragdið		17:40.82	
3	Ingi Johannessen 2002 · FAR	Senior	Roysnið		18:23.47	
4	Rógvi Kárason 1996 · FAR	Senior	Bragdið		17:35.81	
5	Jaspar Højgaard 1985 · FAR	Senior	Roysnið			

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

5000m · Men · Multiple, Senior · Final

29 May, 2021, 11:00

No.	Athlete	Club/School	Bib	Personal best	Season best
1	Bjarki Johannesen 1992 · FAR	Roysnið			
2	Peter Jensen 1992 · DEN	Bragdið		17:40.82	
3	Ingi Johannessen 2002 · FAR	Roysnið		18:23.47	
4	Rógvi Kárasen 1996 · FAR	Bragdið		17:35.81	
5	Jaspur Højgaard 1985 · FAR	Roysnið			

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

5000m · Women & Girls · Multiple · Final

29 May, 2021, 11:00

No.	Athlete	Age group	Club/School	Bib	Personal best	Season best
1	Sarah Vallin 1988 · SWE	Senior	Bragdið		18:23.56	

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

5000m · Women · Multiple, Senior · Final

29 May, 2021, 11:00

No.	Athlete	Club/School	Bib	Personal best	Season best
1	Sarah Vallin 1988 · SWE	Bragdið		18:23.56	

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

5000m · Mixed Adults & Youth · Multiple · Final

29 May, 2021, 11:00

No.	Athlete	Age group	Club/School	Bib	Personal best	Season best
1	♂ Bjarki Johannesen 1992 · FAR	Senior	Roysnið			
2	♂ Peter Jensen 1992 · DEN	Senior	Bragdið		17:40.82	
3	♂ Ingi Johannessen 2002 · FAR	Senior	Roysnið		18:23.47	
4	♂ Rógvi Kárasen 1996 · FAR	Senior	Bragdið		17:35.81	
5	♂ Jaspar Højgaard 1985 · FAR	Senior	Roysnið			
6	♀ Sarah Vallin 1988 · SWE	Senior	Bragdið		18:23.56	

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

High Jump · Boys · U14 · Final

29 May, 2021, 12:00

No.	Athlete	Club/School	Bib	Personal best	Season best
1	Óðin Jógvansson Glerfoss 2008 · FAR	Bragdið		1.00	
2	Terji Dal Christiansen 2008 · FAR	Hvirlan			
3	Eyðun Høgenni 2008 · FAR	Bragdið			
4	Axel Holm Simonsen 2009 · FAR	Bragdið			
5	Baldur Báruson Persson 2009 · FAR	Hvirlan			

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

High Jump · Girls · U14 · Final

29 May, 2021, 12:20

No.	Athlete	Club/School	Bib	Personal best	Season best
1	Sólja Rye 2009 · FAR	Hvirlan			
2	Elena E. Olsen 2008 · FAR	Hvirlan		1.05	
3	Natalia Lydersen 2008 · FAR	Treysti		1.25	
4	Bjalla Beintudóttir Dalsgarð 2009 · FAR	Hvirlan			

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Long Jump · Men & Boys · Multiple · Final

29 May, 2021, 14:25

No.	Athlete	Age group	Club/School	Bib	Personal best	Season best
1	Villiam á Lava Persson 2006 · FAR	Senior	Hvírlan		3.78	3.78
2	Christian Sunnvardsson Andreassen 2007 · FAR	Senior	Treysti			
3	Jónas Gunnleivsson Isaksen 2005 · FAR	U18	Bragdið		5.51	
4	Leon Johannesen 2002 · FAR	U20	Bragdið		4.77	4.77
5	Andreas Bjarnastein Antoft 2002 · FAR	U20	Hvidovre AM		6.69	5.73
6	Tummas Sjóvará 2002 · FAR	U20	Bragdið			
7	Dánjal Dahl Ljósheim 2000 · FAR	Senior	Aarhus 1900		5.82	

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Long Jump · Boys · Multiple, U18 · Final

29 May, 2021, 14:25

No.	Athlete	Club/School	Bib	Personal best	Season best
1	Jónas Gunnleivsson Isaksen 2005 · FAR	Bragdið		5.51	

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Long Jump · Men · Multiple, U20 · Final

29 May, 2021, 14:25

No.	Athlete	Club/School	Bib	Personal best	Season best
1	Leon Johannesen 2002 · FAR	Bragdið		4.77	4.77
2	Andreas Bjarnastein Antoft 2002 · FAR	Hvidovre AM		6.69	5.73
3	Tummas Sjóvará 2002 · FAR	Bragdið			

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Long Jump · Men · Multiple, Senior · Final

29 May, 2021, 14:25

No.	Athlete	Club/School	Bib	Personal best	Season best
1	Dánjal Dahl Ljósheim 2000 · FAR	Aarhus 1900		5.82	
2	Villiam á Lava Persson 2006 · FAR	Hvirfan		3.78	3.78
3	Christian Sunnvardsson Andreasen 2007 · FAR	Treysti			

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Længdespring Long Jump · Women & Girls · Multiple · Final

29 May, 2021, 13:35

No.	Athlete	Age group	Club/School	Bib	Personal best	Season best
1	Jóhanna Pedersen 2006 · FAR	U16	Hvirlan		4.15	3.98
2	Lý Petersen 2007 · FAR	U16	Treysti			
3	Kristina Verlandsdóttir Hayfield 2005 · FAR	U18	Hvirlan		3.50	
4	Arina Ludvig Michelsen 2005 · FAR	U18	Bragdið		4.54	4.28
5	Maria Biskopstø 2002 · FAR	U20	Treysti		4.69	
6	Bára Jógvansdóttir Glerfoss 2003 · FAR	U20	Bragdið		4.85	
7	Teresa Fríðriksdóttir Bláhamar 2001 · FAR	Senior	Hvidovre AM		4.81	
8	Margit Weihe Fríðmundsdóttir 1999 · FAR	Senior	Bragdið		4.94	

Længdespring Long Jump · Girls · Multiple, U16 · Final

29 May, 2021, 13:35

No.	Athlete	Club/School	Bib	Personal best	Season best
1	Jóhanna Pedersen 2006 · FAR	Hvirlan		4.15	3.98
2	Lý Petersen 2007 · FAR	Treysti			

Længdespring Long Jump · Girls · Multiple, U18 · Final

29 May, 2021, 13:35

No.	Athlete	Club/School	Bib	Personal best	Season best
1	Kristina Verlandsdóttir Hayfield 2005 · FAR	Hvirlan		3.50	
2	Arina Ludvig Michelsen 2005 · FAR	Bragdið		4.54	4.28

Længdespring Long Jump · Women · Multiple, U20 · Final

29 May, 2021, 13:35

No.	Athlete	Club/School	Bib	Personal best	Season best
1	Maria Biskopstø 2002 · FAR	Treysti		4.69	
2	Bára Jógvansdóttir Glerfoss 2003 · FAR	Bragdið		4.85	

Længdespring Long Jump · Women · Multiple, Senior · Final

29 May, 2021, 13:35

No.	Athlete	Club/School	Bib	Personal best	Season best
1	Teresa Fríðriksdóttir Bláhamar 2001 · FAR	Hvidovre AM		4.81	
2	Margit Weihe Fríðmundsdóttir 1999 · FAR	Bragdið		4.94	

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Long Jump (Zone) · Boys · U10 · Final

29 May, 2021, 13:20

No.	Athlete	Club/School	Bib	Personal best	Season best
1	Jákup Thomsen 2012 · FAR	Treysti			
2	Jóanis Heinason 2013 · FAR	Frælsi			
3	Bjarni Bogason Enni 2012 · FAR	Bragdið			
4	Magnus Akselsson Apol 2013 · FAR	Hvirlan			

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Long Jump (Zone) · Boys · U12 · Final

29 May, 2021, 12:10

No.	Athlete	Club/School	Bib	Personal best	Season best
1	Óli Mortansson Vang 2010 · FAR	Bragdið			
2	Domenik Rasmussen 2011 · FAR	Hvirlan			
3	Jóhan Waagstein 2010 · FAR	Hvirlan			
4	Markus Eliassen 2011 · FAR	Bragdið			
5	Pætur Krosstein 2010 · FAR	Hvirlan			
6	Christian Dal Christiansen 2010 · FAR	Hvirlan			
7	Álvur F. Mortensen 2011 · FAR	Bragdið			
8	Kristjan Róksson 2011 · FAR	Bragdið			
9	Rói Thomassen 2010 · FAR	Hvirlan			
10	Bogi Samson Vang 2010 · FAR	Bragdið			
11	Robert Róason Vilhelmsen 2011 · FAR	Bragdið			

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Long Jump (Zone) · Girls · U10 · Final

29 May, 2021, 12:50

No.	Athlete	Club/School	Bib	Personal best	Season best
1	Heiðrun Leo Vang 2013 · FAR	Bragdið			
2	Ró Apolonia Hansdóttir 2012 · FAR	Bragdið			
3	Emily Thomsen 2013 · FAR	Treysti			
4	Amalia Høgnadóttir 2012 · FAR	Frælsi			
5	Emma Sigtórsdóttir Petersen 2012 · FAR	Frælsi			
6	Brynja Lutzen 2012 · FAR	Hvirlan			
7	Jóna Bjørg Apol Berg 2013 · FAR	Hvirlan			
8	Ruth Jógvansdóttir Gardar 2012 · FAR	Frælsi			
9	Vera Lilja H. Róadóttir 2012 · FAR	Bragdið			

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Long Jump (Zone) · Girls · U12 · Final

29 May, 2021, 11:30

No.	Athlete	Club/School	Bib	Personal best	Season best
1	Sigríð Hansdóttir 2010 · FAR	Bragdið			
2	Debra Hvannastein 2011 · FAR	Treysti			
3	Andrea Heinadóttir 2011 · FAR	Frælsi			
4	Monika Sigurðsdóttir Vang 2011 · FAR	Bragdið			
5	Guðrið Høgnadóttir 2010 · FAR	Frælsi			
6	Guðrið Høgenni 2010 · FAR	Bragdið			
7	Heiðrún Bogadóttir Enni 2010 · FAR	Bragdið			
8	Vera Alstrup Vang 2011 · FAR	Bragdið			
9	Sunneva Ravnsfjall 2010 · FAR	Frælsi			
10	Durita Davidsen 2011 · FAR	Treysti			
11	Sigga Smæra Næs 2010 · FAR	Bragdið			
12	Annika Ravnsfjall 2010 · FAR	Frælsi			
13	Jennhild Lydersen 2010 · FAR	Treysti			

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Shot Put (2kg) · Boys · U12 · Final

29 May, 2021, 13:45

No.	Athlete	Club/School	Bib	Personal best	Season best
1	Óli Mortansson Vang 2010 · FAR	Bragdið			
2	Domenik Rasmussen 2011 · FAR	Hvirlan			
3	Jóhan Waagstein 2010 · FAR	Hvirlan			
4	Markus Eliassen 2011 · FAR	Bragdið			
5	Pætur Krosstein 2010 · FAR	Hvirlan			
6	Christian Dal Christiansen 2010 · FAR	Hvirlan			
7	Álvur F. Mortensen 2011 · FAR	Bragdið			
8	Kristjan Róksson 2011 · FAR	Bragdið			
9	Rói Thomassen 2010 · FAR	Hvirlan			
10	Bogi Samson Vang 2010 · FAR	Bragdið			
11	Robert Róason Vilhelmsen 2011 · FAR	Bragdið			

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Shot Put (3kg) · Boys · U14 · Final

29 May, 2021, 12:40

No.	Athlete	Club/School	Bib	Personal best	Season best
1	Terji Dal Christiansen 2008 · FAR	Hvirlan			
2	Óðin Jógvansson Glerfoss 2008 · FAR	Bragdið			
3	Kelvin Saruni 2008 · FAR	Bragdið			
4	Eyðun Høgenni 2008 · FAR	Bragdið			
5	Axel Holm Simonsen 2009 · FAR	Bragdið			
6	Baldur Bárúson Persson 2009 · FAR	Hvirlan			

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Shot Put (2kg) · Girls · U12 · Final

29 May, 2021, 13:00

No.	Athlete	Club/School	Bib	Personal best	Season best
1	Andrea Heinadóttir 2011 · FAR	Frælsi			
2	Debra Hvannastein 2011 · FAR	Treysti			
3	Sigrið Hansdóttir 2010 · FAR	Bragdið			
4	Monika Sigurðsdóttir Vang 2011 · FAR	Bragdið			
5	Guðrið Høgnadóttir 2010 · FAR	Frælsi			
6	Sunneva Ravnsfjall 2010 · FAR	Frælsi			
7	Durita Davidsen 2011 · FAR	Treysti			
8	Annika Ravnsfjall 2010 · FAR	Frælsi			
9	Jennhild Lydersen 2010 · FAR	Treysti			

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Shot Put (2kg) · Girls · U14 · Final

29 May, 2021, 13:30

No.	Athlete	Club/School	Bib	Personal best	Season best
1	Sólja Rye 2009 · FAR	Hvirlan			
2	Tabita Hvannastein 2008 · FAR	Treysti			
3	Elena E. Olsen 2008 · FAR	Hvirlan			
4	Natalia Lydersen 2008 · FAR	Treysti			
5	Bjalla Beintudóttir Dalsgarð 2009 · FAR	Hvirlan			

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Javelin Throw · Men & Boys · Multiple · Final

29 May, 2021, 12:15

No.	Athlete	Age group	Club/School	Bib	Personal best	Season best
1	Christian Sunnvardsson Andreasen 2007 · FAR	U16	Treysti			
2	Leon Johannesen 2002 · FAR	U20	Bragdið		22.61	
3	Andreas Bjarnastein Antoft 2002 · FAR	U20	Hvidovre AM		33.78	
4	Markus Køtlum 2002 · FAR	U20	Bragdið			
5	Dánjal Dahl Ljósheim 2000 · FAR	Senior	Aarhus 1900		31.43	

Javelin Throw (600g) · Boys · Multiple, U16 · Final

29 May, 2021, 12:15

No.	Athlete	Club/School	Bib	Personal best	Season best
1	Christian Sunnvardsson Andreasen 2007 · FAR	Treysti			

Javelin Throw (800g) · Men · Multiple, U20 · Final

29 May, 2021, 12:15

No.	Athlete	Club/School	Bib	Personal best	Season best
1	Markus Køtlum 2002 · FAR	Bragdið			
2	Andreas Bjarnastein Antoft 2002 · FAR	Hvidovre AM		33.78	
3	Leon Johannesen 2002 · FAR	Bragdið		22.61	

Javelin Throw (800g) · Men · Multiple, Senior · Final

29 May, 2021, 12:15

No.	Athlete	Club/School	Bib	Personal best	Season best
1	Dánjal Dahl Ljósheim 2000 · FAR	Aarhus 1900		31.43	

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Javelin Throw · Women & Girls · Multiple · Final

29 May, 2021, 11:45

No.	Athlete	Age group	Club/School	Bib	Personal best	Season best
1	Jóhanna Pedersen 2006 · FAR	U16	Hvirlan		16.14	
2	Lý Petersen 2007 · FAR	U16	Treysti			
3	Arina Ludvig Michelsen 2005 · FAR	U18	Bragdið		11.83	
4	Kristina Verlandsdóttir Hayfield 2005 · FAR	U18	Hvirlan		21.16	21.16
5	Elin Niclasen 2003 · FAR	U20	Hvirlan		37.61	32.14
6	Guðrið Káradóttir Petersen 2000 · FAR	Senior	Hvirlan		27.00	

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Javelin Throw (500g) · Girls · Multiple, U16 · Final

29 May, 2021, 11:45

No.	Athlete	Club/School	Bib	Personal best	Season best
1	Lý Petersen 2007 · FAR	Treysti			
2	Jóhanna Pedersen 2006 · FAR	Hvirlan		16.14	

Javelin Throw (500g) · Girls · Multiple, U18 · Final

29 May, 2021, 11:45

No.	Athlete	Club/School	Bib	Personal best	Season best
1	Kristina Verlandsdóttir Hayfield 2005 · FAR	Hvirfan		21.16	21.16
2	Arina Ludvig Michelsen 2005 · FAR	Bragdið		11.83	

Javelin Throw (600g) · Women · Multiple, U20 · Final

29 May, 2021, 11:45

No.	Athlete	Club/School	Bib	Personal best	Season best
1	Elin Niclasen 2003 · FAR	Hvirlan		37.61	32.14

Javelin Throw (600g) · Women · Multiple, Senior · Final

29 May, 2021, 11:45

No.	Athlete	Club/School	Bib	Personal best	Season best
1	Guðrið Káradóttir Petersen 2000 · FAR	Hvirlan		27.00	

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Ball Throw (145g) · Boys · U10 · Final

29 May, 2021, 14:00

No.	Athlete	Club/School	Bib	Personal best	Season best
1	Jóanis Heinason 2013 · FAR	Frælsi			
2	Jákup Thomsen 2012 · FAR	Treysti			
3	Bjarni Bogason Enni 2012 · FAR	Bragdið			
4	Magnus Akselsson Apol 2013 · FAR	Hvirlan			

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Ball Throw (145g) · Girls · U10 · Final

29 May, 2021, 13:35

No.	Athlete	Club/School	Bib	Personal best	Season best
1	Emily Thomsen 2013 · FAR	Treysti			
2	Ró Apolonia Hansdóttir 2012 · FAR	Bragdið			
3	Heiðrun Leo Vang 2013 · FAR	Bragdið			
4	Amalia Høgnadóttir 2012 · FAR	Frælsi			
5	Emma Sigtórsdóttir Petersen 2012 · FAR	Frælsi			
6	Brynja Lutzen 2012 · FAR	Hvirlan			
7	Jóna Bjørg Apol Berg 2013 · FAR	Hvirlan			
8	Ruth Jógvansdóttir Gardar 2012 · FAR	Frælsi			
9	Vera Lilja H. Róadóttir 2012 · FAR	Bragdið			