

**Føroyaleikir á Tórsbreyt**  
8-11 Jul, 2021, Tórshavn (Tórsbreyt)

400m · Men · Senior · Final

10 Jul, 2021, 12:35

Place	Athlete	Club/School	Bib	Lane	React.	Result
1	<b>Jónas Gunnleivsson Isaksen</b> 2005 · FAR	Bragdið		4		<b>52.35</b>
2	<b>Tummas Sjóvará</b> 2002 · FAR	Bragdið		3		<b>59.08</b>
3	<b>Rógvi Johansen</b> 1997 · FAR	Bragdið		2		<b>1:00.07</b>
4	<b>Óðin Jógvansson Glerfoss</b> 2008 · FAR	Bragdið		5		<b>1:01.70</b> PB

**Føroyaleikir á Tórsbreyt**  
8-11 Jul, 2021, Tórshavn (Tórsbreyt)

**400m · Women · Senior · Final**

10 Jul, 2021, 11:00

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Place	Athlete	Club/School	Bib	Lane	React.	Result
1	<b>Vibeka Eihilt Sivertsen</b> 2005 · FAR	Treysti		3		<b>1:04.13</b> PB

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**Føroyaleikir á Tórsbreyt**  
8-11 Jul, 2021, Tórshavn (Tórsbreyt)

5000m · Men · Senior · Final

10 Jul, 2021, 11:15

Place	Athlete	Club/School	Bib	Result
1	<b>Peter Jensen</b> 1992 · DEN	Bragdið		<b>17:26.71</b>
2	<b>Ingi Johannessen</b> 2002 · FAR	Roysnið		<b>17:54.55</b> PB
3	<b>Jaspar Højgaard</b> 1985 · FAR	Roysnið		<b>18:32.39</b>

**Føroyaleikir á Tórsbreyt**  
8-11 Jul, 2021, Tórshavn (Tórsbreyt)

**5000m · Women · Senior · Final**

10 Jul, 2021, 11:15

Place	Athlete	Club/School	Bib	Result
1	<b>Vibeka Eihilt Sivertsen</b> 2005 · FAR	Treysti		<b>21:15.79</b>
2	<b>Rigmor N. Arge</b> 1969 · FAR	Hvirlan		<b>21:58.02</b>
3	<b>Birna Abrahamsen</b> 1970 · FAR	Hvirlan		<b>23:59.48</b>

**Føroyaleikir á Tórsbreyt**

8-11 Jul, 2021, Tórshavn (Tórsbreyt)

**5000m · Mixed · Senior · Final**

10 Jul, 2021, 11:15

Place	Athlete	Club/School	Bib	Result
1	♂ <b>Peter Jensen</b> 1992 · DEN	Bragdið		<b>17:26.71</b>
2	♂ <b>Ingi Johannessen</b> 2002 · FAR	Roysnið		<b>17:54.55</b> PB
3	♂ <b>Jaspur Højgaard</b> 1985 · FAR	Roysnið		<b>18:32.39</b>
4	♀ <b>Vibeka Eihilt Sivertsen</b> 2005 · FAR	Treysti		<b>21:15.79</b>
5	♀ <b>Rigmor N. Arge</b> 1969 · FAR	Hvírlan		<b>21:58.02</b>
6	♀ <b>Birna Abrahamsen</b> 1970 · FAR	Hvírlan		<b>23:59.48</b>

**Føroyaleikir á Tórsbreyt**  
8-11 Jul, 2021, Tórshavn (Tórsbreyt)

**Long Jump · Men · Senior · Final**

10 Jul, 2021, 11:00

Place	Athlete	Club/School	Bib	Result	Wind
1	<b>Jónas Gunnleivsson Isaksen</b> 2005 · FAR	Bragdið		<b>6.26</b>	+1.7
2	<b>Andreas Bjarnastein Antoft</b> 2002 · FAR	Bragdið		<b>6.19</b>	+1.1

**Føroyaleikir á Tórsbreyt**  
8-11 Jul, 2021, Tórshavn (Tórsbreyt)

**Attempts · Long Jump · Men · Senior · Final**

Place	Athlete	Attempts					
1	<b>Jónas Gunnleivsson Isaksen</b> 2005 · FAR	x / NWI	x / NWI	6.09 / +0.5	6.04 / +2.1	5.85 / +3.1	<b>6.26 / +1.7</b>
2	<b>Andreas Bjarnastein Antoft</b> 2002 · FAR	5.73 / +2.5	6.11 / +2.1	x / NWI	x / NWI	x / NWI	<b>6.19 / +1.1</b>

**Føroyaleikir á Tórsbreyt**

8-11 Jul, 2021, Tórshavn (Tórsbreyt)

**Long Jump · Women · Senior · Final**

10 Jul, 2021, 12:00

Place	Athlete	Club/School	Bib	Result	Wind
1	<b>Teresa Fríðriksdóttir Bláhamar</b> 2001 · FAR	Bragdið		<b>4.81</b>	+2.8
2	<b>Tinna Berg Jørgensen</b> 1999 · FAR	Hvirlan		<b>4.76</b> PB (4.65)	+2.8
3	<b>Margit Weihe Fríðmundsdóttir</b> 1999 · FAR	Bragdið		<b>4.73</b> SB	+0.8
4	<b>Bára Jógvansdóttir Glerfoss</b> 2003 · FAR	Bragdið		<b>4.66</b>	+1.1
5	<b>Arina Ludvig Michelsen</b> 2005 · FAR	Bragdið		<b>4.50</b> SB	+1.7
6	<b>Hennie Maria R. Samuelsen</b> 2007 · FAR	Bragdið		<b>4.07</b>	+0.8



**Føroyaleikir á Tórsbreyt**

8-11 Jul, 2021, Tórshavn (Tórsbreyt)

**Attempts · Long Jump · Women · Senior · Final**

Place	Athlete	Attempts					
1	<b>Teresa Fríðriksdóttir Bláhamar</b> 2001 · FAR	4.44 / +2.1	4.63 / +3.2	<b>4.81 / +2.8</b>	4.33 / +1.5	4.73 / +1.6	4.73 / +1.4
2	<b>Tinna Berg Jørgensen</b> 1999 · FAR	4.44 / +1.0	<b>4.76 / +2.8</b>	4.66 / +2.6	4.56 / +0.1	4.65 / +1.5	4.38 / +0.1
3	<b>Margit Weihe Fríðmundsdóttir</b> 1999 · FAR	2.63 / +0.9	4.53 / +2.0	4.67 / +1.9	4.71 / +0.1	<b>4.73 / +0.8</b>	x / NWI
4	<b>Bára Jógvansdóttir Glerfoss</b> 2003 · FAR	4.25 / +2.0	4.49 / +2.1	4.64 / +1.5	<b>4.66 / +1.1</b>	x / NWI	4.57 / +1.7
5	<b>Arina Ludvig Michelsen</b> 2005 · FAR	3.81 / +1.5	x / NWI	<b>4.50 / +1.7</b>	4.44 / +0.1	4.37 / +1.3	4.18 / +0.9
6	<b>Hennie Maria R. Samuelsen</b> 2007 · FAR	3.77 / +2.2	3.87 / +1.6	3.77 / +1.4	3.77 / +0.7	<b>4.07 / +0.8</b>	2.84 / +1.8

**Føroyaleikir á Tórsbreyt**  
8-11 Jul, 2021, Tórshavn (Tórsbreyt)

**Long Jump (Zone) · Boys · U14 · Final**

10 Jul, 2021, 11:00

Place	Athlete	Club/School	Bib	Result	Wind
1	<b>Óðin Jógvansson Glerfoss</b> 2008 · FAR	Bragdið		<b>4.53</b>	+1.7

**Føroyaleikir á Tórsbreyt**  
8-11 Jul, 2021, Tórshavn (Tórsbreyt)

**Attempts · Long Jump (Zone) · Boys · U14 · Final**

Place	Athlete	Attempts					
1	<b>Óðin Jógvansson Glerfoss</b> 2008 · FAR	<b>4.53 / +1.7</b>	4.05 / +1.8	4.46 / +1.0	2.96 / +2.2	x / NWI	4.47 / +1.1

**Føroyaleikir á Tórsbreyt**  
8-11 Jul, 2021, Tórshavn (Tórsbreyt)

**Long Jump (Zone) · Girls · U14 · Final**

10 Jul, 2021, 12:00

Place	Athlete	Club/School	Bib	Result	Wind
1	<b>Bjalla Beintudóttir Dalsgarð</b> 2009 · FAR	Hvirlan		<b>3.21</b>	+0.0
2	<b>Sólja Rye</b> 2009 · FAR	Hvirlan		<b>2.27</b>	+1.4
	<b>Natalia Lydersen</b> 2008 · FAR	Treysti		DNS	

**Føroyaleikir á Tórsbreyt**  
8-11 Jul, 2021, Tórshavn (Tórsbreyt)

**Attempts · Long Jump (Zone) · Girls · U14 · Final**

Place	Athlete	Attempts					
1	<b>Bjalla Beintudóttir Dalsgarð</b> 2009 · FAR	2.53 / +0.9	2.98 / +2.3	x / NWI	3.16 / +2.2	3.13 / +0.6	<b>3.21 / +0.0</b>
2	<b>Sólja Rye</b> 2009 · FAR	1.94 / +1.2	<b>2.27 / +1.4</b>	1.64 / +1.8	1.81 / +1.0	1.98 / +1.1	1.93 / +0.0
	<b>Natalia Lydersen</b> 2008 · FAR						

**Føroyaleikir á Tórsbreyt**  
8-11 Jul, 2021, Tórshavn (Tórsbreyt)

**Discus Throw · Men & Boys · Multiple · Final**

10 Jul, 2021, 11:50

Place	Athlete	Age group	Club/School	Bib	Result
1	<b>Tróndur Arge</b> 1994 · FAR	Senior	Hvirlan		<b>32.27</b> PB
2	<b>Heri Ziska</b> 1967 · FAR	Senior	Hvirlan		<b>28.92</b>
3	<b>Hørður Joensen</b> 2004 · FAR	U18	Hvirlan		<b>20.16</b>
	<b>Hallur Simonsen</b> 1995 · DEN	Senior	Hvirlan		DNS

**Føroyaleikir á Tórsbreyt**  
8-11 Jul, 2021, Tórshavn (Tórsbreyt)

**Attempts · Discus Throw · Men & Boys · Multiple · Final**

Place	Athlete	Age group	Attempts					
1	<b>Tróndur Arge</b> 1994 · FAR	Senior	29.28	<b>32.27</b>	x	x	32.14	x
2	<b>Heri Ziska</b> 1967 · FAR	Senior	28.61	28.10	28.14	28.05	<b>28.92</b>	28.36
3	<b>Hørður Joensen</b> 2004 · FAR	U18	x	16.67	<b>20.16</b>	x	x	16.99
	<b>Hallur Simonsen</b> 1995 · DEN	Senior						

**Føroyaleikir á Tórsbreyt**  
8-11 Jul, 2021, Tórshavn (Tórsbreyt)

**Discus Throw (1.5kg) · Boys · Multiple, U18 · Final**

10 Jul, 2021, 11:50

Place	Athlete	Club/School	Bib	Result
1	<b>Hørður Joensen</b> 2004 · FAR	Hvirlan		<b>20.16</b>



**Føroyaleikir á Tórsbreyt**  
8-11 Jul, 2021, Tórshavn (Tórsbreyt)

**Attempts · Discus Throw (1.5kg) · Boys · Multiple, U18 · Final**

Place	Athlete	Attempts					
1	<b>Hørður Joensen</b> 2004 · FAR	x	16.67	<b>20.16</b>	x	x	16.99

**Føroyaleikir á Tórsbreyt**

8-11 Jul, 2021, Tórshavn (Tórsbreyt)

**Discus Throw (2kg) · Men · Multiple, Senior · Final**

10 Jul, 2021, 11:50

Place	Athlete	Club/School	Bib	Result
1	<b>Tróndur Arge</b> 1994 · FAR	Hvirlan		<b>32.27</b> PB
2	<b>Heri Ziska</b> 1967 · FAR	Hvirlan		<b>28.92</b>
	<b>Hallur Simonsen</b> 1995 · DEN	Hvirlan		DNS

**Føroyaleikir á Tórsbreyt**  
8-11 Jul, 2021, Tórshavn (Tórsbreyt)

**Attempts · Discus Throw (2kg) · Men · Multiple, Senior · Final**

Place	Athlete	Attempts					
1	<b>Tróndur Arge</b> 1994 · FAR	29.28	<b>32.27</b>	x	x	32.14	x
2	<b>Heri Ziska</b> 1967 · FAR	28.61	28.10	28.14	28.05	<b>28.92</b>	28.36
	<b>Hallur Simonsen</b> 1995 · DEN						

**Føroyaleikir á Tórsbreyt**

8-11 Jul, 2021, Tórshavn (Tórsbreyt)

**Discus Throw · Women & Girls · Multiple · Final**

10 Jul, 2021, 11:00

Place	Athlete	Age group	Club/School	Bib	Result
1	<b>Lydia Poula Simonsen</b> 2001 · FAR	Senior	Hvirlan		<b>29.80</b>
2	<b>Helena Svabo Ziska</b> 2001 · FAR	Senior	Hvirlan		<b>28.45</b>
3	<b>Guðrið Káradóttir Petersen</b> 2000 · FAR	Senior	Hvirlan		<b>27.33</b>
4	<b>Elin Niclasen</b> 2003 · FAR	Senior	Hvirlan		<b>22.79</b>
5	<b>Ai Waagstein</b> 2007 · FAR	U16	Hvirlan		<b>19.10</b>
6	<b>Bjalla Beintudóttir Dalsgarð</b> 2009 · FAR	U14	Hvirlan		<b>15.29</b>
7	<b>Sólja Rye</b> 2009 · FAR	U14	Hvirlan		<b>5.12</b>

**Føroyaleikir á Tórsbreyt**

8-11 Jul, 2021, Tórshavn (Tórsbreyt)

**Attempts · Discus Throw · Women & Girls · Multiple · Final**

Place	Athlete	Age group	Attempts					
1	<b>Lydia Poula Simonsen</b> 2001 · FAR	Senior	x	29.11	x	x	<b>29.80</b>	24.71
2	<b>Helena Svabo Ziska</b> 2001 · FAR	Senior	21.06	26.42	26.82	26.95	x	<b>28.45</b>
3	<b>Guðrið Káradóttir Petersen</b> 2000 · FAR	Senior	x	21.74	26.63	x	x	<b>27.33</b>
4	<b>Elin Niclasen</b> 2003 · FAR	Senior	21.82	x	x	x	<b>22.79</b>	22.76
5	<b>Ai Waagstein</b> 2007 · FAR	U16	x	16.56	x	x	17.14	<b>19.10</b>
6	<b>Bjalla Beintudóttir Dalsgarð</b> 2009 · FAR	U14	12.81	10.56	<b>15.29</b>	x	x	10.26
7	<b>Sólja Rye</b> 2009 · FAR	U14	4.55	<b>5.12</b>	4.28	4.77	2.93	3.50

**Føroyaleikir á Tórsbreyt**  
8-11 Jul, 2021, Tórshavn (Tórsbreyt)

**Discus Throw (0.75kg) · Girls · Multiple, U14 · Final**

10 Jul, 2021, 11:00

Place	Athlete	Club/School	Bib	Result
1	<b>Bjalla Beintudóttir Dalsgarð</b> 2009 · FAR	Hvírlan		<b>15.29</b>
2	<b>Sólja Rye</b> 2009 · FAR	Hvírlan		<b>5.12</b>

**Føroyaleikir á Tórsbreyt**  
8-11 Jul, 2021, Tórshavn (Tórsbreyt)

**Attempts · Discus Throw (0.75kg) · Girls · Multiple, U14 · Final**

Place	Athlete	Attempts					
1	<b>Bjalla Beintudóttir Dalsgarð</b> 2009 · FAR	12.81	10.56	<b>15.29</b>	x	x	10.26
2	<b>Sólja Rye</b> 2009 · FAR	4.55	<b>5.12</b>	4.28	4.77	2.93	3.50

**Føroyaleikir á Tórsbreyt**  
8-11 Jul, 2021, Tórshavn (Tórsbreyt)

**Discus Throw (0.75kg) · Girls · Multiple, U16 · Final**

10 Jul, 2021, 11:00

Place	Athlete	Club/School	Bib	Result
1	<b>Ai Waagstein</b> 2007 · FAR	Hvirlan		<b>19.10</b>



**Føroyaleikir á Tórsbreyt**  
8-11 Jul, 2021, Tórshavn (Tórsbreyt)

**Attempts · Discus Throw (0.75kg) · Girls · Multiple, U16 · Final**

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Place	Athlete	Attempts					
1	<b>Ai Waagstein</b> 2007 · FAR	x	16.56	x	x	17.14	<b>19.10</b>

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**Føroyaleikur á Tórsbreyt**  
8-11 Jul, 2021, Tórshavn (Tórsbreyt)

**Discus Throw (1kg) · Women · Multiple, Senior · Final**

10 Jul, 2021, 11:00

Place	Athlete	Club/School	Bib	Result
1	<b>Lydia Poula Simonsen</b> 2001 · FAR	Hvirlan		<b>29.80</b>
2	<b>Helena Svabo Ziska</b> 2001 · FAR	Hvirlan		<b>28.45</b>
3	<b>Guðrið Káradóttir Petersen</b> 2000 · FAR	Hvirlan		<b>27.33</b>
4	<b>Elin Niclasen</b> 2003 · FAR	Hvirlan		<b>22.79</b>

**Føroyaleikir á Tórsbreyt**  
8-11 Jul, 2021, Tórshavn (Tórsbreyt)

**Attempts · Discus Throw (1kg) · Women · Multiple, Senior · Final**

Place	Athlete	Attempts					
1	<b>Lydia Poula Simonsen</b> 2001 · FAR	x	29.11	x	x	<b>29.80</b>	24.71
2	<b>Helena Svabo Ziska</b> 2001 · FAR	21.06	26.42	26.82	26.95	x	<b>28.45</b>
3	<b>Guðrið Káradóttir Petersen</b> 2000 · FAR	x	21.74	26.63	x	x	<b>27.33</b>
4	<b>Elin Niclasen</b> 2003 · FAR	21.82	x	x	x	<b>22.79</b>	22.76

**Føroyaleikir á Tórsbreyt**  
8-11 Jul, 2021, Tórshavn (Tórsbreyt)

**4x100m · Men · Senior · Final**

10 Jul, 2021, 13:15

Place	Relay team	Club/School	Bib	Lane	React.	Result	Split	Lap
1	<b>Bragdið</b> FAR	Bragdið				<b>48.46</b>		
	1. <b>Rógvi Johansen</b>							
	2. <b>Andreas Bjarnastein Antoft</b>							
	3. <b>Jónas Gunnleivsson Isaksen</b>							
	4. <b>Óðin Jógvansson Glerfoss</b>							

**Føroyaleikir á Tórsbreyt**  
8-11 Jul, 2021, Tórshavn (Tórsbreyt)

**4x100m · Women · Senior · Final**

10 Jul, 2021, 13:00

Place	Relay team	Club/School	Bib	Lane	React.	Result	Split	Lap
1	<b>Bragdið 1</b> FAR	Bragdið				<b>52.87</b>		
	1. <b>Bára Jógvansdóttir Glerfoss</b>							
	2. <b>Teresa Fríðriksdóttir Bláhamar</b>							
	3. <b>Margit Weihe Fríðmundsdóttir</b>							
	4. <b>Arina Ludvig Michelsen</b>							