



## Skrá Føroyaleikir leygardag og sunnudag

Leygardag	Renning	Lop	Kast	Sunnudag	Renning	Lop	Kast
11:00	400m kv (4)	Longd	Diskus	13:00	100m kv finala		
11:05		menn (6)	kvinnur (8)	13:05			
11:10				13:10	100m m finala		
11:15	5000m mix			13:15			
11:20	(6)			13:20			Spjót kast
11:25				13:25			kvinnur (8)
11:30				13:30			
11:35				13:35	1500m kv (2)		
11:40				13:40			
11:45				13:45			
11:50			Diskus	13:50			
11:55			menn (4)	13:55			
12:00		Longd		14:00			
12:05		kvinnur (9)		14:05			Spjót kast
12:10				14:10			menn (5)
12:15				14:15			
12:20				14:20			
12:25				14:25			
12:30				14:30			
12:35	400m m (5)			14:35	4x400m kvinnur		
12:40				14:40			
12:45				14:45			
12:50				14:50			
12:55				14:55			
13:00	4x100m m			15:00	4x400m menn		
13:05				15:05			
13:10				15:10			
13:15	4x100m kv			15:15	Heiðursmerkjahandan		